



What We Do

The Diaper Bank of Connecticut has been working for more than 15 years to raise awareness that too many in our community lack access to the basic needs that are essential throughout individuals' lifespans. Our work helps ensure:

- families have enough diapers for their infants and toddlers,
- individuals have access to period supplies, and
- youths and seniors in need can access incontinence products. No one should have to worry about affording these basic needs.

How You Can Help

- Become a distribution partner for period products
- Sponsor our work in this area
- Host a fundraising drive to benefit our work
- Become a member of the Beam Advisory Committee



Imagine being unable to afford period supplies, and having to skip work, school or social opportunities because of it. Nobody should lack access to these basic needs, but too many in our community do.

Through our Beam program, the Connecticut Chapter of the Alliance for Period Supplies, we raise awareness, distribute products through a strategic network of community partners, and advocate for state and federal legislative changes to make period supplies more accessible. Pads and tampons are basic necessities. Without them, some resort to using rags, toilet paper or adult incontinence products. A lack of period supplies can lead to missed work and school, making it harder to break the cycle of poverty.

We are dedicated to giving people access to basic needs throughout their lifespan and period supplies are a very basic - and very personal - need that no one should have to go without.

For More information contact: